

Research Question Frameworks Worksheet

1. Read the scenario of sedentary behavior or recall your own research topic, and then define your question using one of the following frameworks:

- PICO (population/problem, intervention, comparison, outcome)
- PEO (population/problem, exposure, outcome)
- SPICE (setting, perspective, intervention/interest, comparison, evaluation)
- WWH (who, what, how)

2. Write out your question:

3. Brainstorm the main concepts and terms from your question that you can use to search

	Concept 1	Concept 2
Main concepts to include in search		
Subject headings <i>i.e., MeSH</i>		
Keywords Phrases Synonyms Acronyms Abbreviations		