

CINAHL®

Available via EBSCOhost®

Things to know about CINAHL

- CINAHL= Cumulative Index to Nursing and Allied Health Literature.
- CINAHL is available via the EBSCO interface.
- Includes over 5000 nursing and allied health journals and is well indexed (categorized) which allows easy filtering for high quality results.
- Over 80% of journals included are academic, but a few other common source types include trade publications, magazines, and dissertations.
- Covers most allied health fields, including athletic training, clinical laboratory science, communication science and disorders, music therapy, nutrition, physical therapy, and radiation sciences.
- Other notable areas of coverage include library science, health informatics, and complementary and alternative medicine.

Accessing the Database

Find the link for CINAHL under the Popular Resources heading on the Hardin Library homepage at <http://www.lib.uiowa.edu/hardin/>

**** Note:** If you are off-campus, you will be prompted for your Hawk ID and password **

Searching via Keywords (quick but will not always yield relevant results)

Use the multiple search boxes to enter several concepts simultaneously, such as in the below screenshot.

The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links: "New Search", "Publications", "CINAHL Subject Headings", "Evidence-Based Care Sheets", and "More". Below this, the search area is titled "Searching: CINAHL Plus | Choose Databases". There is a checkbox for "Suggest Subject Terms". The search input area contains three terms: "falls", "assistive devices", and "community dwelling", each in its own box. To the right of each term is a dropdown menu labeled "Select a Field (optional)". A "Search" button is located to the right of the first term. Below the search boxes are "AND" dropdown menus between the terms, a "Clear ?" link, and "+" and "-" buttons. At the bottom of the search area, there are links for "Basic Search", "Advanced Search", and "Search History".

- Consider using these search boxes to include synonyms if there is a need to ensure that results are comprehensive or if yield is low, such as in the below screenshot.
- In this example the * symbol will broaden the search to include variants of the entered terms, such as fall, falls, fallers.
- Specific fields (Title, Abstract) have also been selected in this example in order to narrow results further.

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets More ▾

EBSCOhost Searching: CINAHL Plus | Choose Databases

Suggest Subject Terms

fall* TI Title ▾ Search

AND ▾ assistive devices OR walker* OR cane* AB Abstract ▾ Clear ?

AND ▾ communit* OR home AB Abstract ▾ + -

[Basic Search](#) [Advanced Search](#) [Search History](#)

Searching via Subjects (more structured search to yield more relevant results)

1. Enter in one concept at a time, making sure the suggest subject terms box is selected, as in below screenshot.

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets More ▾

EBSCOhost Searching: CINAHL Plus | Choose Databases

Suggest Subject Terms

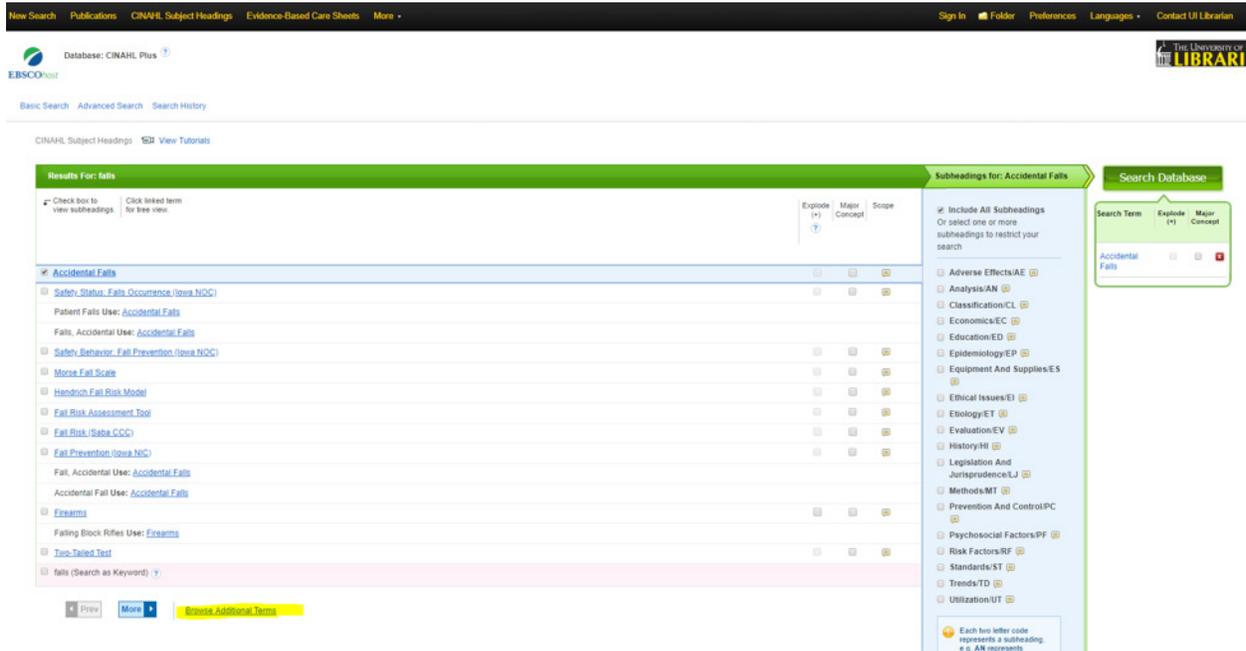
falls Select a Field (optional) ▾ Search

AND ▾ Select a Field (optional) ▾ Clear ?

AND ▾ Select a Field (optional) ▾ + -

[Basic Search](#) [Advanced Search](#) [Search History](#)

- After selecting search, the database will display a list of best matches. In the example below, accidental falls is the correct match. Check the box to the left of the most appropriate term. Notice that you will now see options for subheadings as well as the definition of the term if available. Subheadings can help you further focus your search.



- Select Browse additional terms (highlighted in above screenshot) in order to combine multiple terms. (NOTE: “Explode” will make your search more comprehensive and can only be checked if the box is shadowed. Use “Major Concept” only if you have already run the search and come up with too many results).



- Select the dark green Search Database button on right side of screen to run the search.

Refining Your Search

Access filters on the left side of the page. Several of the suggested filters are highlighted. The circled show more option will present many more options.

The screenshot displays the EBSCOhost search interface. At the top, there are navigation links for 'New Search', 'Publications', 'CINAHL Subject Headings', 'Evidence-Based Care Sheets', and 'More'. The main search area includes a search bar with the text 'Searching: CINAHL Plus Choose Databases' and a 'Search' button. Below the search bar are three 'AND' search fields, each with a 'Select a Field (optional)' dropdown and a 'Clear' button. The 'Search History/Alerts' section shows a search history table with columns for 'Search ID#', 'Search Terms', 'Search Options', and 'Actions'. The current search is 'S1 (MH "Accidental Falls") AND (MH "Ambulation Aids")'. The 'Refine Results' sidebar on the left contains a 'Current Search' section with 'Find all my search terms: (MH "Accidental Falls") AND (MH "Ambulation Aids")'. Below this are filters for 'Limit To' with options for 'Research Article', 'Peer Reviewed', and 'English Language'. A 'Publication Date' range is set from 1989 to 2019. A 'Show More' button is circled in red. The main search results area shows 'Search Results: 1 - 50 of 196' and lists three results with titles, abstracts, subjects, and citation information. Each result has a 'Linked Full Text' icon and a 'UI Link' button.

Managing Results

- Select the blue folder icon by clicking on the little folders to the right of the record to place in folder.
- To access records selected, find the folder icon at the top right of the screen. There will be options for printing, emailing, saving, or exporting records.

Finding Full Text

- Look for linked full text icon for fastest access.
- When this link does not appear, use the UI Link button. 
- If no full text is available, contact us at Hardin or use our interlibrary loan service.

Saving Results

- To save a search or to save records permanently create an account by selecting the sign in link at top right side of screen.
- You will need to create an account in the EBSCO interface.
- Find the save search link in the search history to save a search strategy.