

CINAHL®

Available via EBSCOhost®

Things to know about CINAHL

- CINAHL= Cumulative Index to Nursing and Allied Health Literature.
- CINAHL is available via the EBSCO interface.
- Includes over 5000 nursing and allied health journals and is well indexed (categorized) which allows easy filtering for high quality results.
- Over 80% of journals included are academic, but a few other common source types include trade publications, magazines, and dissertations.
- Covers most allied health fields, including athletic training, clinical laboratory science, communication science and disorders, music therapy, nutrition, physical therapy, and radiation sciences.
- Other notable areas of coverage include library science, health informatics, and complementary and alternative medicine.

Accessing the Database

Find the link for CINAHL under the Popular Resources heading on the Hardin Library homepage at <http://www.lib.uiowa.edu/hardin/>

**** Note:** If you are off-campus, you will be prompted for your Hawk ID and password **

Searching via Keywords (quick but will not always yield relevant results)

Use the multiple search boxes to enter several concepts simultaneously, such as in the below screenshot.

The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links for 'New Search', 'Publications', 'CINAHL Subject Headings', 'Evidence-Based Care Sheets', and 'More'. Below this, the search area is titled 'Searching: CINAHL Plus | Choose Databases'. There is a checkbox for 'Suggest Subject Terms'. The search input area contains three terms: 'falls', 'assistive devices', and 'community dwelling', each in its own box. To the right of each term is a dropdown menu labeled 'Select a Field (optional)'. A 'Search' button is located to the right of the first search box. Below the search boxes are 'AND' dropdown menus and a 'Clear ?' link. At the bottom of the search area, there are links for 'Basic Search', 'Advanced Search', and 'Search History'.

- Consider using these search boxes to include synonyms if there is a need to ensure that results are comprehensive or if yield is low, such as in the below screenshot.
- In this example the * symbol will broaden the search to include variants of the entered terms, such as fall, falls, fallers.
- Specific fields (Title, Abstract) have also been selected in this example in order to narrow results further.

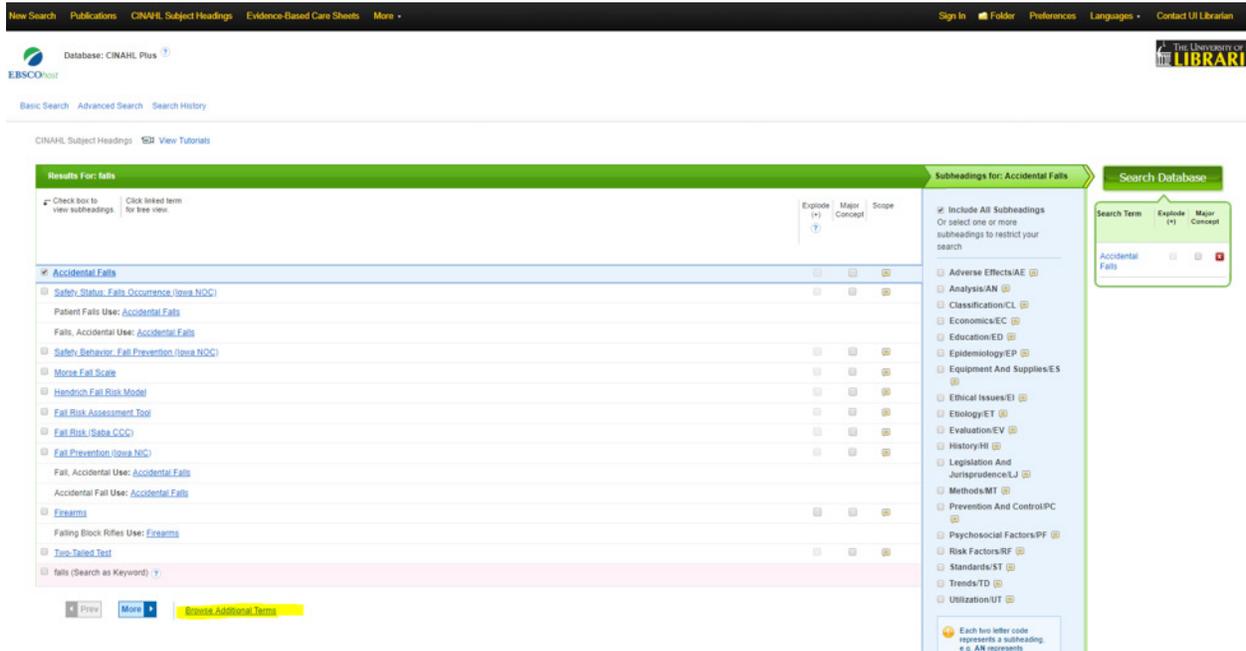
The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links: New Search, Publications, CINAHL Subject Headings, Evidence-Based Care Sheets, and More. Below this, the EBSCOhost logo is on the left. The search area includes a search bar with the text 'fall*' and a dropdown menu set to 'TI Title'. To the right of the search bar is a 'Search' button. Below the search bar, there are two rows of search criteria. The first row has an 'AND' dropdown, the text 'assistive devices OR walker* OR cane*', and a dropdown menu set to 'AB Abstract'. The second row has an 'AND' dropdown, the text 'communit* OR home', and a dropdown menu set to 'AB Abstract'. To the right of these rows are 'Clear' and '?' buttons, and '+' and '-' buttons. At the bottom, there are links for 'Basic Search', 'Advanced Search', and 'Search History'.

Searching via Subjects (more structured search to yield more relevant results)

1. Enter in one concept at a time, making sure the suggest subject terms box is selected, as in below screenshot.

The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with links: New Search, Publications, CINAHL Subject Headings, Evidence-Based Care Sheets, and More. Below this, the EBSCOhost logo is on the left. The search area includes a search bar with the text 'falls' and a dropdown menu set to 'Select a Field (optional)'. To the right of the search bar is a 'Search' button. Below the search bar, there are two rows of search criteria. The first row has an 'AND' dropdown, an empty search box, and a dropdown menu set to 'Select a Field (optional)'. The second row has an 'AND' dropdown, an empty search box, and a dropdown menu set to 'Select a Field (optional)'. To the right of these rows are 'Clear' and '?' buttons, and '+' and '-' buttons. At the bottom, there are links for 'Basic Search', 'Advanced Search', and 'Search History'. The 'Suggest Subject Terms' checkbox is checked.

- After selecting search, the database will display a list of best matches. In the example below, accidental falls is the correct match. Check the box to the left of the most appropriate term. Notice that you will now see options for subheadings as well as the definition of the term if available. Subheadings can help you further focus your search.



- Select Browse additional terms (highlighted in above screenshot) in order to combine multiple terms. (NOTE: “Explode” will make your search more comprehensive and can only be checked if the box is shadowed. Use “Major Concept” only if you have already run the search and come up with too many results).



- Select the dark green Search Database button on right side of screen to run the search.

Refining Your Search

Access filters on the left side of the page. Several of the suggested filters are highlighted. The circled show more option will present many more options.

The screenshot displays the EBSCOhost search interface. At the top, there are navigation links for 'New Search', 'Publications', 'CINAHL Subject Headings', 'Evidence-Based Care Sheets', and 'More'. On the right, there are links for 'Sign In', 'Folder', 'Preferences', and 'Log Out'. The main search area includes a search bar with the text 'Searching: CINAHL Plus Choose Databases' and a 'Search' button. Below the search bar are three 'AND' search fields, each with a 'Select a Field (optional)' dropdown and a 'Clear ?' button. There are also '+' and '-' buttons for adding or removing search terms. Below the search area, there are links for 'Basic Search', 'Advanced Search', and 'Search History'. The 'Search History/Alerts' section includes links for 'Print Search History', 'Retrieve Searches', 'Retrieve Alerts', and 'Save Searches / Alerts'. There are buttons for 'Select / deselect all', 'Search with AND', 'Search with OR', and 'Delete Searches'. The search results section shows a table with columns for 'Search ID#', 'Search Terms', 'Search Options', and 'Actions'. The first result is '1 Low-income homebound older adults receiving home-delivered meals: Physical and mental health conditions, incidence of falls and hospitalisations.' with a 'Show More' button circled in red. The second result is '2 Evaluation of the effectiveness of a novel gait trainer in increasing the functionality of individuals with motor impairment: A case series.' with a 'Show More' button circled in red. The third result is '3 Early prediction of falls after stroke: a 12-month follow-up of 490 patients in The Fall Study of Gothenburg (FallsGOT)' with a 'Show More' button circled in red. The 'Refine Results' section on the left includes a 'Current Search' box with 'Find all my search terms: (MH "Accidental Falls") AND (MH "Ambulation Aids")'. Below this are filters for 'Limit To' with options for 'Research Article', 'Peer Reviewed', and 'English Language'. There is a 'Publication Date' filter with a range from 1989 to 2019. A 'Show More' button is circled in red at the bottom of the 'Limit To' section. The 'Source Types' section is also visible.

Managing Results

- Select the blue folder icon by clicking on the little folders to the right of the record to place in folder.
- To access records selected, find the folder icon at the top right of the screen. There will be options for printing, emailing, saving, or exporting records.

Finding Full Text

- Look for linked full text icon for fastest access.
- When this link does not appear, use the UI Link button. 
- If no full text is available, contact us at Hardin or use our interlibrary loan service.

Saving Results

- To save a search or to save records permanently create an account by selecting the sign in link at top right side of screen.
- You will need to create an account in the EBSCO interface.
- Find the save search link in the search history to save a search strategy.